

KING OF HEARTS

The Committee

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Meetings are held at

Fullwell Cross Library

On the second Wednesday
In every month
At 7:30pm

COMING SOON

May 9th Karen Talk on Valvular
Heart Disease?

June 13th Community Police (Safe
Travel)

Newsletter

May 2018

Cardiac Support Group

May 2018

Dear Members and Friends.

Welcome to my May newsletter which I hope finds you all well, I was pleased at the good turnout for our April meeting and I would like to thank Karen and her good friend for their demonstration regarding how we could help someone who in an emergency may need resuscitating well done to those who took part.

I was pleased to see our dear friends Janet and Peter Knight at the meeting as it was thought that due to Janet undergoing treatment for her cancer illness their attendance might be a problem well done to you both for making the effort by attending the meeting. I was extremely pleased to see the return of Alan Banner who has been sadly missed due to a serious health problem and thank you Silvia for seeing him safely to the meeting, also for making our tea.

Another thank you goes to our dear friend Pat Logan who made two special cakes which went down well with Silvia's tea thank you Pat on behalf of the group well done.

Three of our dear friends Evelyn Wilson and Muriel Macfarlane and Thelma Homewood were unable to attend our meeting due to health problems and to them all I wish a speedy recovery.

Molly Ghosh is in hospital we wish her speedy recovery.

Our dear friend June Sheen carried out her birthday treat by donating a birthday card and a bottle of wine to one of our long standing members well done June.

I would like to welcome a new member to the group she was introduced by Karen and was welcomed by the group.

I look seeing you all at the May meeting, so in the meantime keep well, to you all I send you all my best wishes and god bless.

Regards
Henry Phillips Chairman.

Blind Date.

A man in his early sixties met a woman of a similar age on an internet chat room. They chatted every night for several weeks and got along so well that the woman eventually asked if they could meet in person.

I'd rather like that, replied the man, but I have a confession to make. You see, I may have misled you slightly when describing myself. The truth is, I'm not exactly George Clooney. My face is covered in bright red boils. My nose is broken, I have a deep scar running across my forehead and I have a constant nervous twitch. I am four foot ten inches tall, chronically obese, completely bald, I have only one eye, and I've got a hunched back. But if you are willing to meet me, I'll be waiting at the war memorial at one o'clock on Saturday.

The woman wrote back, I am not a bit worried about your appearance and I am looking forward to meeting you on Saturday. But would you please carry a copy of The Times so that I can recognize you.

SPORTING SENIOR MOMENTS

You'd expect sportsmen always to be on the ball, supremely focused in mind and body. But as these individuals prove, they can be just as susceptible to senior moments as the rest of us.

Making his way to the 1906 Olympics in Athens. Canadian pole-vaulter Ed Archibald somehow managed to lose his pole on the train journey through Italy.

Caddie Miles Byrne inadvertently put an extra club in Ian Woodsman's golf bag at the 2001 British Open, as a result of which Woodsman was given a two-stroke penalty that cost him £200,000 in prize money.

Plymouth Argyle football manager Paul Mariner was so overjoyed with the team's victory at Ipswich in 2010 that by way of celebration he threw his coat into the crowd, forgetting his glasses were in the pocket.

After driving 3,000 miles across Europe in the 2000 Gumball Rally, Germany's George Etterer crashed his Mercedes just thirty metres from the finishing line in Hampshire because he momentarily forgot that the English drives on the left.

Riding in a race at Wolverhampton in 1997, a jockey Carl Lowther thought he had ridden the perfect finish on his horse Naval Games, only to realize as the rest of the field swept by that he had miscounted and there was still another circuit to go.

Easily leading the runners into the stadium near the end of the 1954 European championships marathon in Berne, Russian athlete Ivan Filin turned the wrong way, lost over 100 metres and could finish third.

After being not out overnight against Surrey at the Oval in 1921 Leicestershire cricketer Thomas Sitwell was unable to resume his innings the following morning because he got lost on the London Underground.

In 1936, Dr Tucker, a keen New Orleans golfer, put his name down for a hole-in-one tournament. Such was his enthusiasm that no sooner had he entered than he marched straight out to the competition hole to stake his claim and was delighted to achieve a hole-in-one. Rushing back to the clubhouse to relay the good news, he was somewhat deflated to be informed that the competition didn't start for another two weeks.

Taken from the book Seriously Senior Moments.