

KING OF HEARTS

The Committee

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Meetings are held at
Fullwell Cross Library

On the second Wednesday
In every month
At 7:30pm

COMING SOON

June 13th Community Police
(Safe Travel)
July 11th Talk by Karen.

Newsletter

June 2018

Cardiac Support Group

June 2018

Dear Members and Friends

Welcome to my June newsletter which I hope finds you all well, I was pleased at the good turnout for our May meeting and I would like to thank Alan who stood in at short notice to run a musical quiz which went down well and I am sure your musical memories were jogged as Alan had mixed the question some popular and some not so well know well done Alan and may we call upon you for another quiz. Due to a mix up we found ourselves without our cups which to my knowledge was the first time since I became chairman that we could not provide tea and biscuits, however my apology was accepted by all concerned I will make sure that is will not happen in the future. I was pleased to see our dear friends Janet and Peter Knight at the meeting as I mentioned in my May newsletter Janet is still undergoing treatment for her cancer illness, their attendance on the night was most welcome well done to you both for making the effort by being at the meeting.

Our dear friend June Sheen carried out her birthday treat by donating a birthday card and a bottle of wine to one of our long standing members well done June.

I would like to welcome new member to the group who were introduced by myself and their presence was greeted by the group. As chairman it falls on me to apologies to the committee as I did not make it clear on the night when the next committee meeting would take place I am sorry for my mistake my only defence for my error is that I am still caring for my dear wife and I sometimes get a little muddled sorry folks. I would like to thank Durham for his continued help in my absence.

I look forward in seeing you all at the June meeting, so in the meantime keep well to you all, I send you all my best wishes and god bless.

Regards
Henry Phillips Chairman

Email Scams.

Emails offer a cheap way to reach large numbers of people for very little costs, so it is not surprising scammers use it to try to con people out of their money.

These are some common email scams.

Fake banking websites. An email claiming to be from your bank or another trusted organisation, which directs you to a fake website where it asks you to enter your account details. The website will often be cleverly designed to look like the organisation's real website. This is commonly known as phishing ignore these types of emails.

Advance fee fraud. This takes different forms, but commonly the initial email explains that the sender has money or something valuable and needs help to move it often from one country or another. In return, the donor is promised a reward. Once involved, victims are persuaded to make a payment to help the transaction along. The promised reward never appears.

Alternatively, victims are asked to provide their bank details. These are then used to remove money from their account. As with other scams, once you have paid you will be encouraged to make further payments.

Stranded traveller emails. You may receive an email supposedly from a friend who claims they've been robbed while aboard and needs you to wire them some money to get home. This is also a scam someone has fraudulently accessed your friend's email account to send out the message. Contact your friend by phone to double check it hasn't come from them. Be cautious about any unusual email from friends. Speak to the person who is supposed to have sent it before opening any attachments.

How can I avoid being scammed? Don't open email attachments from people you do not know or click on links within the email, as these will often carry a virus and can infect your computer.

Never reply to scams, even to say no as it will let the sender know that your email address is active and this is likely to encourage them to send more emails.

Check your email account is set up to filter spam. Get more advice on how to deal with spam emails from www.getsafeonline.org or look at the help pages of your email account provider. But stay alert- scam emails are likely to contain spelling or grammatical errors in the subject box to get around some spam filters.

Telephone selling.

Many of us would rather not receive unsolicited telephone calls, whether from genuine businesses or scammers. You can reduce the number of sales and marketing calls you receive by joining a free register provided by the Telephone Preference Service (TPS) this will not deter scammers, however. Common telephone scammers include the following.

Scammers might call you to con you into handing over your bank card and says that your account is at risk, don't agree to send them your bank card or give it to a courier the way is coming to collect it. Your bank will never do this.

Sometimes the scammer will give the number of your bank to call back, but when you put the phone down they stay on the line. This means the line is not broken so that when you think you've called your bank you are actually speaking to the same person. If you get a call like this always check the line first by dialling the number of someone you know. Remember, your bank will never ask to collect your card or send a courier to collect it.

So please be aware of all these Scams