

KING OF HEARTS

The Committee

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Meetings are held at
Fullwell Cross Library

On the second Wednesday

In every month

At 7:30pm

COMING SOON

January 8th 2020 Health Literacy.

February 12th Bee Keeping.

Newsletter

January 2020

Cardiac Support Group

Dear Members and Friends

January 2020

Welcome to my New Year's 2020 newsletter, I hope that you had an enjoyable Christmas and are now preparing to make your new year's resolutions. I hate to report the following news so soon after Christmas, but I received a message reporting the loss of another dear member of our group Joyce Copper who after a short stay in King Georges Hospital passed away on the 19th December she had been admitted into hospital with a broken hip after having a fall. For those in the group who are not sure about our Joyce I will tell you she was always assisting Trish and George with our raffle tickets I hope this jogs your memory. She will be taken to the City of London North Chapel on Monday 13th January at 10.00am; Joyce has requested a donation to the charity Help for Heroes instead of flowers. The group intends to make this donation. Having heard of several reports of people being scammed during the Christmas period I thought it wise to make sure that you are all safe, healthy and wise, so please be careful when you are using Internet Banking, ATM's, and when out shopping, also when talking to strangers, "Be aware at all times". After nearly losing my dear wife before Christmas with a lung and heart problem I am pleased to say she has made a successful recovery and has given me and my family the best Christmas present possible, well done my dearest. It was not my intention to report on our Christmas party which was not exactly what the committee expected as the number of members who attended was to say the least (22) never mind we will try again next year all being well. For those who attended the evening went well with some good interaction between us all is exactly what the King of Hearts is all about. I would like to thank Karen for producing the large raffle prizes, Janet attending to the raffle, Alan and Angela as always, June and Durham for their continued help. I look forward to our January 8th meeting, please keep well, best wishes, and please be careful out there, and be aware where you are walking.

Regards

Henry Phillips Chairman

The Best of Friends

Two well-bred Englishwomen of a certain age, friends for many years, met once a week in Oxford in order to go shopping that they done they would the always reward themselves with tea at Fuller's.

On one occasion, they had settled at their table and ordered tea and slices of the famous walnut cake, when a look of absolute horror passed across the face of one of the ladies. Clearly deeply troubled, she turned to her companion and said:

My dear, the most dreadful thing has happened. We have been friends for many years, we see each other regularly and speak often, but suddenly and unaccountably, I have forgotten your name. I am sure that it will come to me in a moment, but could you possibly just tell me what it is? I really am most dreadfully sorry.

Her friend stared at her in silence, frowning and obviously thinking very hard. The pause lengthened, as she gave all her attention to what her companion had just said. Finally, after the wait had lengthened to some minutes, she replied. When do you need to know by?

Family reunion.

An elderly man in Australia calls his son in London and says, I hate to ruin your day, but I have to let you know that your mother and I have decided to separate-forty years of misery is enough for anybody.

Dad I can't believe it his son exclaims.

We can't stand the sight of each other any longer, the old man says. We're sick of each other, and I'm fed up of talking about it., so you can call your sister in New York and tell her. He hangs up the phone. Out of his mind with worry the son calls his sister who explodes down the phone.

They simply cannot get a divorce, she shouts. Leave it to me! She calls her father immediately and screams at the old man. You are not divorcing Mum! Please don't do a single thing until I get here. I'll call my brother now and we'll both be there tomorrow. Morning. Until then, don't do anything promise me? And she hangs up. The old man puts down the receiver and turns to his wife.

Okay! He says, there coming for Christmas and there paying their own fares.

Backseat Driver

An elderly lady dials the police to report her car has been broken into. she is hysterical as she explains her situation.

The monsters have stolen the stereo, the steering wheel, the brake pedal and even the accelerator! She cries. The operator asks her to remain calm and informs her that a police officer is on his way. A few minutes later, the officer radios in his report.

Disregard he says. She got in the back seat by mistake.

May I wish you all a very Happy, Healthy and a Peaceful New Year and hope to see you all on the 8th
Durham