

# KING OF HEARTS

## The Committee

**Dr. Andrew Deaner President**

**Honorary Members**

Trish & George Scott

Henry Phillips Chairman  
0208 500 7095

[maureen\\_henry2003@yahoo.co.uk](mailto:maureen_henry2003@yahoo.co.uk)

Durham Holbourns Secretary  
0208 554 6779

[durhamholb18@hotmail.co.uk](mailto:durhamholb18@hotmail.co.uk)

Karen Hughes Assistant Secretary.

Peter Knight/Henry Phillips Treasurer  
0208 478 8464

Peter Knight Membership  
[peter.knightsite@hotmail.co.uk](mailto:peter.knightsite@hotmail.co.uk)

Janet Knight  
0208 478 8464

June Sheen  
0208 595 6120

Stephen Granditer  
0208 590 3605

Sylvia Daly  
0208 599 3188

Molly Ghosh  
0208 597 2308

Eric Simmonds  
0208 500 7724

Meetings are held at  
**Fullwell Cross Library**

On the second Wednesday

In every month

At 7:30pm

**COMING SOON**

## Newsletter

April 2020

Cardiac Support Group

Dear Members and Friends

Welcome to my April newsletter, as we cancelled our monthly meetings until further notice I had second thoughts about writing my newsletters but on taking advice from my committee I shall carry on my usual practice during this sad and unsafe period.

I would like to thank all the group members who attended the AGM and returned the committee en bloc for another year I am sure we will do our best to make the club run smoothly. Our dear friend Karen gave us another useful demonstration on how to perform life saving re-sus on unfortunate members of the community, thank you Karen. I would like to thank all those who helped with the raffle and making the tea and coffee it is pleasing that the group has such kind helpers. I have learnt today Monday 30<sup>th</sup> that our dear friend Molly has been in hospital undergoing surgery so on your behalf I shall make sure she knows that we are thinking of her in this period of instability.

As I am not sure where the Corona Virus came from and how it has been allowed to take the lives of so many unfortunate people from our community and around the world with surprising speed, I spent my early life throughout the war years it was hard going but nothing like this, my family who are very close are finding being separated extremely hard going so I hope that the progress of this serious virus is short lived, I am sure all other close families feel the same as I do.

I would like to remind you all that during this dangerous period we should all be aware of what we are being told by all those who are looking after us, so be very careful and try to isolate yourself and family properly. On Wednesday 8<sup>th</sup> April I shall be missing chatting to you all, the raffle and last of all my usual cup of tea made by Angela and Janet, so if you think about it remember our usual Wednesday night out and raise your cup or glass, best wishes to you all.

Regards

Henry Phillips Chairman.

I hope that this short newsletter finds you all well and safe.

I have just had a message from Henry stating that he has had a message from Alan Gee stating that there is a Government parcel grant

For those who are unable to leave their homes. If anybody can confirm this or knows anything would the please contact Henry or myself.