KING OF HEARTS

Newsletter

January 2021 Cardiac Support Group

The Committee

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Committee

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Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month

COMING SOON

Dear Members and Friends January 2021

Welcome to my January 2021 newsletter, this new lockdown has taken us into an unknown situation and once again we are losing our love ones to further order, I pray to god that our members and their families have been spared any sadness. I would like to encourage all our members who have been notified about their first injection to attend as my wife and I found the session to be well organised by all concerned well done to all those at Buckhurst Way Medical Centre. Karen Hughes our founder member arranged a Zoom meeting for the committee just before Christmas in order that we could discuss the future of the King of Hearts to which end it was agreed that the committee should keep an eye on Vision and to make sure that our hall contract be renewed when the Covid 19 illness permits. The group was asked by Karen to assist another cardiac nurse to complete her degree fulfilment by providing financial help, the committee on behalf of the group agreed to this request providing that she would be available to assist the King of Hearts in the future. As our Zoom meeting went well it is my plan to invite our dear friend Alan Banner to assist the club members in forming small groups, unfortunately at the time of going to print Alan is suffering from a serious chest infection so I will put the zoom meetings on hold, get well soon Alan. Whilst I am wishing our sick members well I have a committee member Eric Simmons who is in Whipps Cross Hospital in a bad state but who is making a steady recovery we are not sure if it is Covid, get well soon good friend. I hope your Christmas was a success and that you all remained safe and healthy, I will sign off now so that Durham and Peter can get this letter out to you all. I have decided to continue producing a monthly newsletter so as to keep you all in the loop as to what is happening with the club. I would like to wish you all my very best, also to remind you all to stay within the government guide lines, So stay safe and well.

Henry Phillips Chairman.

Hello Dear Friends I hope that you are all keeping safe and well in these difficult times However I wish you all a very Happy and peaceful New Year.

Recently, when I went to Mac Donald's I saw on the menu that you could have an order of 6, 9, or 12 Chicken McNuggets.
I asked for half a dozen nuggets.
`We don't have half a dozen nuggets`, said the assistant at the counter.
You don't I replied.
We only have six. nine or twelve was the reply.
So I can't order a half dozen nuggets but I can order six?
That's right.
So I shook my head and ordered six McNuggets.

I was checking out at the local Supermarket with just a few items and the lady behind me put her things on the belt close to mine.
I picked up one of those dividers that they keep by the cash registers and placed it between our things so they wouldn't get mixed.
After the cashier had scanned all my items she picked up the divider looking at it all over for the bar code so she could scan it.
Not finding the bar code, she said to me. Do you know how much this is?
I said to her I've changed my mind; I don't think I'll buy that today.
She said ok and I paid for the things and left.
She had no clue as to what had just happened.

A woman at work was seen putting a credit card into her floppy disc drive and pulling it out very quickly, when I inquired as to what she was doing, she said she was shopping on the internet and they kept asking for a credit card number, so she was using the AGTM thing.

LET US SEE WHAT THE NEW YEAR BRINGS

1) There will be nothing quite as pleasant as sitting at a table to share a meal with friends. Or to just call in on people without wearing a mask and not meticulously washing hands at every opportunity.

2) Granma's and Mums used to say, "You have to eat an amount of dirt before you die". When Jenner, in Gay Cavalier mode, rubbed gung from Cow Pox in a young lad named Phipps seriously risking the lad's life. That was to all intent a purpose 'eating the dirt'. In fact of course, the 'dirt' cured Phipps of the deadly Small Pox. From that experiment comes our vaccines. Perhaps we could call them Jenner's Jabs?

3) How great was the debate at national level about the need for a 3rd runway at Heathrow. Its construction would have meant wiping out whole villages and farmland. Now planes stand idle and the pressure on cleaning up the atmosphere grows. Will any part of a world economy dare to discourage aeroplanes? I doubt it. Let's see what the New Year brings.

4) How long will it be before hospitals can catch up on all the treatments put aside because of the pandemic? Forced new practices could come into play.

We shall see.