KING OF HEARTS

Newsletter

March 2021 Cardiac Support Group

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Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month

COMING SOON

Dear Members and Friends March 2021

Welcome to my March 2021 newsletter, I hope that this newsletter finds you all well and that most of you have had your first or second Covid 19 injection without any serious after effects, I am pleased to say that me and my wife had our second injection on the 11th March. As part of the King of Hearts constitution we are required to have an AGM, at the moment I am unable to suggest how we can carry out the AGM meeting under the current virus situation, I therefore propose to postpone this important meeting until further notice. If my proposal is out of order perhaps someone in the group can enlighten me as to the correct method of going forward.

I am sorry to say that this issue of my newsletter is currently like my brain void of any important information, I seriously believe this is due to our current lockdown situation, I hope that members of the group don't feel as I do, not a good situation.

I will get this letter off to Durham and Peter so that they can produce a copy out to you all. I would like to wish you all my very best wishes and don't cast a clout until may is out, keep wrapped up, and may I remind you all that the King of Hearts is still a group but without portfolio let us hope that one day things will get back to normal. Remember to stay within the government guide lines, also please be stay well and safe.

Regards
Henry Phillips Chairman

Father William.

You are old, Father William, The young man cried,
The few locks which are lefty you are grey.
You are hale, Father William, a hearty old man. Now tell me the reason, I pray.
You are old Father William, The young man said,

And you hair has become very white,
And yet you incessantly stand on your head,
Do you think, at your age is right?

In my youth, Father William replied to his son,
I feared it might injure your brain. But now that I'm perfectly sure I have none.
Why do it again and again.

You are old, said the youth as I mentioned before,
And have grown most uncommonly fat,
Yet you turned a back summersault in at the door,
Pray, what is the reason for that?

In my youth. Said the sage, as he shook his grey hairs,
I kept my limbs very supple
By the use of this ointment-one shilling a box-
Allow me to sell you a couple.

You are old, said the youth, and your jaws are too weak
For anything tougher than suet.
Yet you finished that goose, with the bones and the beak
Pray, how did you managed to do it?

In my youth. Said his father. I took to the law.
And argued each case with my wife.
And the muscular strength which it gave to my jaw
Has lasted the rest of my life.

You are old, said the youth, one would hardly suppose
That your eye was as steady as ever.
Yet you balanced an eel on the end of your nose
What made you so awfully cleaver?

I have answered three questions and that is enough`,
Said his father, don't give yourself airs!
Do you think I can listen all day to this stuff?
Be off, or I'll kick you downstairs.

Taken from The Book of Senior Moments.