KING OF HEARTS

The Committee

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George & Trish Scott
Karen Hughes

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Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month

COMING SOON

Newsletter

August 2021 Cardiac Support Group

Dear Members and Friends August 2021

Welcome to my August 2021 newsletter, I will ask again, are you all keeping safe and well, and are you getting used to being free of most of the Covid 19 restrictions. I am compiling my August newsletter on Friday 13th and for those of you who worry about walking under ladders etc. I hope you were careful on the day concerned.

I would like to tell the members of the group that on the 6th August my dear wife and I celebrated being married for 61 years, we spent our anniversary at home and were joined by all our family to toast this great event.

The wife of our dear friend Durham had a nasty fall and has spent many days in hospital and on your behalf I have asked Durham to give her your best wishes for a speedy recovery.

The committee will soon be attending a meeting at our dear friend Karen Hughes's home to discuss the future of the King of Hearts, we are still awaiting a response from Vision regarding the safety aspects of holding a meeting in the Barkingside Library, watch this space. On the day of our anniversary we were presented with book called "All On The Board" which is full of positive inspirational quotes relating to our daily life, this book has been compiled by members of the London Underground and these quotes can be seen at most underground stations on a daily basis I would like to suggest the you purchase the for mentioned book it is a very good read.

I will get this letter off to Durham and Peter so that they can produce a copy to you all. May I remind you all, that the King of Hearts is still a group, and as always is concerned with your well being? Remember to stay within the government guide lines, so I ask you please be careful, stay well and safe.

Regards
Henry Phillips Chairman

To all Members and friends

Sorry that this is a short newsletter but I am unable to find anything this month hope to be back as usual next month.

Keep safe and well best wishes to you all.

Durham