KING OF HEARTS

Newsletter

October 2021 Cardiac Support Group

The Committee

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Committee

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Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month at1.30pm.

COMING SOON
Wednesday 10th November
A Cardiac talk by Therese Noceda

Dear Members and Friends October 2021

Welcome to my October 2021 newsletter, I am sorry for the lateness of my newsletter but I am sure what you read here will be of interest. It is my view and that of the committee that our meeting on the 13th October was a great success the twenty members who attended enjoyed a friendly and enjoyable afternoon and for those who were unable to be present our thoughts were with you all.

On entering the Aldborough Room at the library we were greeted by our dear friend Karen who took our temperature reading this was carried out after availing ourselves at the sanitizing station. We then proceeded with an informal meeting and the following questions were put to us by Karen.

We need evidence that we have had our second vaccination; Karen will check this on arrival.

We will need to wear a face mask, and those who are unable will need a plastic visor.

Shall we continue with our usual one month medical and alternate month non medical, the group agreed to this arrangement? I hope these questions will meet with your approval.

Our dear Thelma who we recently said goodbye too had many good friends who donated a considerable amount to be invested in the King of Hearts. A letter of thanks has been sent to Tony Herbert Thelma's partner asking him to thank all those who had so kindly donated to our good cause.

I was pleased to see our dear friend Brian Ashworth at the meeting after a long period away, for those who remember him Brian used to make the tea and coffee.

That reminds me thank Angela and Janet for being our hosts well done ladies.

I hope this rather bitty newsletter finds you all well and long may it remain so.

Best wishes and stay safe

Henry Phillips Chairman

Please Note.

Our Christmas party will held on Wednesday December 8th at the Aldborough Rooms Barkingside Library at 1.30pm to 3.30pm Teas and refreshments will be served.

If you wish to drink Alcohol you may bring it yourselves.

All are welcomed Husband, Wives and Friends so come along and have a good afternoon.