KING OF HEARTS

Newsletter

January 2022 Cardiac Support

The Committee

Dr. Andrew Deaner President
Honorary Members
Trish & George Scott

Karen Hughes

Henry Phillips Chairman
0208 500 7095
maureen_henry2003@yahoo.co.uk

Durham Holbourns Secretary
0208 554 6779
durhamholb18@hotmail.co.uk

Karen Hughes Assistant Secretary

Peter Knight/Henry Phillips Treasurer
0208 478 8464

Peter Knight Membership
peter.knightsite@hotmail.co.uk

Janet Knight
0208 478 8464

June Sheen
0208 595 6120

Sylvia Daly
0208 599 3188

Molly Ghosh
0208 597 2308

Eric Simmons
0208 500 7724

Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month
At 1.30pm

COMING SOON

Dear Members and Friends January 2022

Welcome to my January 2022 newsletter and I would like to wish you all a safe and healthy New Year, may 2022 be a good one to take a long waited holiday and maybe get some well needed sunshine, perhaps we should keep our fingers crossed better things.

I am pleased to say that with the help of all the King of Hearts committee members our Christmas Party was a complete success and enjoyed by all those who were able to attend, and for those members of the group who could not make the party for one reason or another you were sorely missed we did however have a good attendance which was noted by all the donated food and drink being enjoyed which I am pleased to say we had very little to take home. The security and safety at the party was carried out by our dear friend and nurse Karen Hughes she made sure that we maintained the government guide lines well done Karen.

I would like to thank Angela Banner for taking charge of the tea station her help does not go unnoticed, also I would like to thank June and Durham for helping with the raffle good job.

On January 2nd 2022 I reached the goodly age of 86 (four score and six) and my family celebrated it with me in love and harmony and in a safe manner.

I look forward seeing you all at our January 12th meeting but in the meantime as always I wish you well and long may it remain.
Best wishes and stay safe

Henry Phillips Chairman

Hello Friends

Ass we are in a New Year I wish you all a very Happy and Healthy New Year.
And hope that you will be safe always.
We look forward to see you all 0n Wednesday 12th

Best Wishes
Durham