KING OF HEARTS

Newsletter

March 2022 Cardiac Support Group

The Committee

Dr. Andrew Deaner President
Honorary Members
Trish & George Scott

Karen Hughes

Henry Phillips Chairman
0208 500 7095
maureen_henry2003@yahoo.co.uk

Durham Holbourns Secretary
0208 554 6779
durhamholb18@hotmail.co.uk

Karen Hughes Assistant Secretary

Peter Knight/Henry Phillips Treasurer
0208 478 8464

Peter Knight Membership
peter.knightsite@hotmail.co.uk

Janet Knight
0208 478 8464

June Sheen
0208 595 6120

Sylvia Daly
0208 599 3188

Molly Ghosh
0208 597 2308

Eric Simmons
0208 500 7724

Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month
At 1.30pm

COMING SOON
March 9th A G M. And Resus.
April 13th Saga Power of Attorney.

Dear Members and Friends March 2022

Welcome to my March 2022 newsletter, I am sorry that my February newsletter was late in reaching you I will accept this as my fault due to a problem with my equipment hence the March newsletter is being produce early.

I would like to thank Karen Hughes for the way in which she presented a talk about heart problems including defibrillation, the manner in which Karen presented her talk was very interesting and I am sure for those who were unable to attend the February meeting she will be available to answer any future questions at the March meeting. I am sorry to report that Karen is a victim of Covid and is currently in lockdown, best wishes dear friend.

On behalf of the group I would like to congratulate Durham the group secretary on reaching ninety years of age on March 18th well done Durham.

I also need to mention that your treasurer Peter Knight has been very poorly of late with an ongoing health problem, so on behalf of all the members we wish you well and get better soon keep your chin up.
I would like to thank June and Durham who managed the raffle, Eric who attended to group members on entry, and last of all Angela for the way she prepares and serves the light refreshments, the group appreciates your efforts thank you all once more.

I must remind you all about the AGM to be held at the March meeting as part of the King of Hearts constitution we must have an AGM meeting at least one each year so I would ask all group members where possible to attend. (March 9th)

I look forward seeing you all at our March 9th meeting but in the meantime as always I wish you all well.
Best wishes and stay safe

Henry Phillips Chairman

Memories

Oh how I wish for the days gone by
When men would whistle as they toiled on high.
When it was safe to go for a walk at night,0
With doors left open, and people were polite.

When a man's word and a shake of the hand
Was all that was needed to make a stand?

When children had manners and never were rude.
When it was never the practice to say anything crude.
We worked hard for most hours of the day.
We helped one another and expected no pay.

There were no drugs to be had or no foul language so bad.
There was humour and pride of which to be glad.
Those days are long gone, and so with a sigh
Us `oldies `must yield and kiss them goodbye.