KING OF HEARTS

The Committee

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Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month at1.30pm.

COMING SOON

Newsletter

October 2022 Cardiac Support Group

Dear Members and Friends October 2022 Newsletter

Welcome to my October newsletter, as always must enquire if you have been keeping safe and well during the past few weeks.

I am pleased to inform the group that my dear wife is in a better place than which I reported in my September newsletter and she is being attended by a district nurse twice weekly who is dressing the hematoma on her leg, this dear nurse reports that the infection has gone and that her leg is slowly showing signs of getting better.

I would like to remind all the group members who are eligible to receive the autumn covid vaccine and flu jab please make an appointment as early as possible as I have heard of cases where the vaccine is not always available so beware of the situation which might arise.

It is my intention to get in touch Leslie Ashworth the wife of our dear friend Brian Ashworth regarding donations collected on behalf of Brian which currently stands at £200.00 and I am sure she will be pleased that the money collected so far will be donated to the King of Hearts in his name. I would also like to thank those members of the group who donated to this collection, (Little Brian) will be pleased with you all.

I would like to thank Karen for her talk on medication which as usual is always helpful to our members, also I would like to thank Angela who looked after our refreshment needs and I for one was pleased to see her at the meeting and I wish her and Alan well after they were both being struck down with covid. The raffle was again run by Janet and Durham well done and thank you both.

I look forward seeing you all at the October 12th meeting, and as always I wish you all well.

Best wishes and stay safe

Henry Phillips Chairman

If you think you are beaten, you are,
If you think that you dare not, you don't
If you'd like to win, but you think you can't,
It's almost certain you won't.

If you think you'll lose, you've lost,
For out in the world you'll find,
Success begins with a fellows will,
It's all in the state of mind.

If you think you are outclassed, you are,
You've got to think high to rise,
You've got to be sure of yourself before,
You can ever win a prize.

Life's battles don't always go,
To the stronger or faster man,
But soon or late the man who wins
Is the man who thinks he can?