KING OF HEARTS

Newsletter

May 2023 Cardiac Support Group

The Committee

Dr. Andrew Deaner President
Founder Members
George & Trish Scott
Karen Hughes

Committee

Henry Phillips Chairman
0208 500 7095
maureen_henry2003@yahoo.co.uk

Karen Hughes Assistant Secretary

Durham Holbourns Secretary
0208 554 6779
durhamholb18@hotmail.co.uk

Peter Knight/Henry Phillips Treasurer
0208 478 8464

Peter Knight Membership
peter.knightsite@hotmail.co.uk

Janet Knight
0208 478 8464

Sylvia Daly
0208 599 3188

Molly Ghosh
0208 597 2308

Eric Simmonds
0208 500 7724

Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month at1.30pm.

COMING SOON
May 10th Redbridge C.V.S Volunteers.

Dear Members and Friends May 2023

Welcome to my May bank holiday newsletter which I hope finds you all well. I hope that the two bank holidays this month will bring you much enjoyment and pleasure. I am afraid that May's newsletter will be shorter than usual as I am still under a lot of pressure as my dear wife Maureen is now in St Margaret's Hospital Epping undergoing rehab for continual pain problems.

I am pleased to inform the group that King Georges Hospital cardiac rehab unit have requested that the King of Hearts supply them with a quantity of our pamphlets in order that the new rehab patients can be made aware that a group such as ours exists for their benefit.

I am also pleased to inform all those group members who were unable to attend our April meeting that we were pleasantly informed by Vanessa Cole ex-Mayor of Redbridge of her role as mayor in this most prestigious of offices, one can only assume that if her day to day duties were as good as her lecture Redbridge had someone to whom they could be proud, thank you very much Vanessa, I hope that one day you will return with some more experiences of your year in office. I would also like to add at this point that Vanessa Cole donated her fee for this lecture to the King of Hearts.

Can I thank Angela, Alan, Karen, Janet, Peter, Molly, Silvia and Durham for helping to make this meeting which to me was a bit like old times a great success and as usual it ran smoothly thanks to these kind people. I look forward seeing you all at the May 10th meeting. As always I wish you all well.

Best wishes and stay safe.

Henry Phillips Chairman.

I am sorry but I am unable to let you know the speaker for June or July but will let you know in the near future.

Calendar Chaos.

Delighted to find love again at her time of life, a senior Maine lady excitedly informed everyone in town that she was getting married on the last day in September. But came the big day her joy turned to misery as she was left standing at the alter after the groom failed to turn up. She finally tracked him down that evening and demanded an explanation.

Why weren't you at the church this afternoon? She cried. You made me look foolish in front of all my friends. How could you do this to me on our wedding day?

The errant groom fell silent.

Was today our wedding day? He asked sheepishly.

Of cause it was she said. I know your memory is probably not as good as it once was, but don't you remember, we booked it for the last day in September? That was today.30 September.

Yes, I remember he replied. It's just that I thought September had thirty-one days.