KING OF HEARTS

Newsletter

July 2023 Cardiac Support Group

The Committee

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Committee

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Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month at1.30pm.

COMING SOON
July 12th Gary Lewis
August 9th Medical.
Sept 13th Police.

Dear Members and Friends July 2023

Welcome to my July newsletter and I hope my newsletter finds you all well. I hate to keep informing the group about my dear wife but once again I had to ring 111 for help we were told that her condition was serious so she was taken to Whip's X hospital where currently she is being cared for and is slightly on the mend.

At the June meeting we were to have a light hearted quiz carried by our good friend Alan Banner, however we suspect that due the extreme hot day which we encountered many of our regular members decided it would be better if they remained at home, so instead of the quiz we pulled the tables together and had a general meeting whereby we could air our views on matters relating to heart problems, I am pleased to say that little chat went down well with all the members who took part.

This week I received an enrolment form from a Mr Sunil Bali I am not sure where he obtained the information about our group I can only assume that he obtained it from the cardiac rehab department at King Georges Hospital long may they continue to support the King of Hearts.

As always I would like thank Angela, Alan, Karen, Peter, Silvia who helped to make the June meeting a success you may notice that Janet and Durham were not included but both were unable to attend due to being unwell, I hope to seeing them both at our July meeting. As usual I look forward seeing you all at the July 12th meeting.

Best wishes and stay safe

Henry Phillips Chairman

A Shaggy Dog Story

As a butcher is shooing a shaggy dog from his shop, he sees £30 and a note in his mouth reading 8 lamb chops please.

Amazed, he takes the money, puts a bag chops and the change in the shaggy dogs mouth, and being curious, quickly closes the shop.

He follows the dog and watches him wait for a green light, look both ways, and trot across the road to a bus stop.

The shaggy dog carefully checks the timetable and goes and sits on the bench.

When the bus arrives, he walks around to the front and looks at the number, then boards the bus.

The butcher follows, a little dumbstruck and takes a seat a few rows behind.

As the bus travels out into the suburbs, the shaggy dog gazes out of the window, taking in the scenery, the bag of lamb chops nestled safely by his paws.

After a while he stands on his back paws to push the stop bell. When the doors open the dog steps out and the butcher quickly follows him off, more intrigued than ever.

The shaggy dog opens the gate and runs up to the house and drops the bag of lamb chops on the step.

He sits patiently for a few minutes but when the door is not opened he barks repeatedly.

Still no answer. He barks some more but again gets no response.

He goes back down the path, takes a big run, and throws himself against the door.

He does this again and again. No answer.

So he jumps on a wall, walks around the garden, barks repeatedly at a window, jumps off, and waits at the front door.

Eventually a small man angrily opens the door and starts cursing and shouting at the dog.

The butcher runs up and screams at the guy.What on earth are you doing? I have followed this little chap all the way from my butcher shop. This shaggy dogs an absolute genius.

The owner responds ``Some Genius this is the second time this week he`s gone out and forgotten his key``