KING OF HEARTS

Newsletter

September 2023 Cardiac Support Group

The Committee

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Committee

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Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month at1.30pm.

COMING SOON
Sept 13th Police.

Dear Members and Friends September 2023

Welcome to my September newsletter and as always I hope my letter finds you well. At our August meeting we were to be given a talk by a lady pharmacist but unfortunately she had to re-schedule her visit, thankfully our dear friend Karen stepped in and gave us a talk on Atrial Fibrillation, and other heart problems, and the medication to overcome these problems, and I am sure that for those members of the group who were unable to attend the August meeting Karen would be pleased to answer your heart problems on request.

As a gentle reminder I need to inform the group that our friend Karen will not be able to attend our September meeting due to a prior hospital appointment, Karen has advised me that we will be given a talk on how to be careful should we be out and about, this will be given by members of the local police force.

As chairman of the King of Hearts I would like to ask all group members is it their intention to remain members of the group, I and the committee would appreciate if you can let me or other members of the committee know by mail or other means when you receive this newsletter.

Durham was not able to attend our August meeting as he is now undergoing rest and taking things easy after undergoing treatment at King Georges Hospital, on your behalf I have wished him well and a speedy return to good health.

I would also like to thank our treasurer Peter Knight and Silvia for their help in organising the raffle well done to you both.

Also I would like thank Angela, Alan, Peter, Silvia who helped to make the August meeting a success and Janet we missed you again and look forward seeing you at the September. I hope to see Janet and Durham at our September meeting. As usual I look forward seeing you all at our September 13th meeting.

Best wishes and stay safe

Henry Phillips Chairman

Holding Back the Years.

A lady goes into a cosmetics shop to buy a new anti-ageing face cream which, according to the advert, is guaranteed to make the years drop off. Following the instructions carefully, she rigorously applies just the right amount twice a day, and waits expectantly for the results.

After a few weeks, she decides that it's time to see if her husband has noticed any difference. One evening before bed she plucks up the courage to ask him.

Darling, tell me the truth, what age do you say I am? Looking her up and down, her husband replies, Well, Susan, judging from your skin twenty, your hair, eighteen, and your figure, twenty-five. Oh you flatterer! She gushes, before kissing him.

Hey wait a minute, he interrupts, I haven't added them up yet.

Taken from a book of Senior Moments.

Joke

A woman rushes into a hardware store and says "Can I have a mouse trap, please and will you be quick, I've got a bus to catch!"

"Sorry ma`am said the store assistant, "but we don't sell them that big!"

If any Member has anything interesting. I.e. stories or jokes or anything of interest would you please send them to me.

Many Thanks

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