KING OF HEARTS

Newsletter

October 2023 Cardiac Support Group

The Committee

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Committee

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Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month at1.30pm.

COMING SOON

Dear Members and Friends October 2023

Welcome to my October newsletter and as always I hope my letter finds you well. At our August meeting Karen was unable to attend as she had under gone a medical procedure and was unable do anything strenuous for at least four weeks, I and the committee meet with her last week and I am pleased to say she is making a good recovery, I look forward seeing her at the October meeting well done Karen.

Our September meeting proved a success as the two community police officers who attended gave a talk mainly on how to protect your car when parking outside your house and in an adjacent roads, they agreed to communicate with Karen in order to on pass useful information for those members of the group who were unable to be present on the day.

In my September newsletter I asked group members to inform myself or committee members their intention to remain part of the King of Hearts last week we had only heard from a handful of members, I would therefore like to ask the same question in my October letter.

Durham was not able to attend our September meeting as he is still undergoing rest and taking things easy after undergoing treatment at King Georges Hospital, hopefully he will be able to attend the October meeting, I have wished him well, and look forward seeing him on the 11th October. I was pleased to see our dear friend Janet at the September meeting as she was sorely missed at the
Previous two meeting well done Janet.

I have to report that our good friend Alan Banner has been in the past week been unwell and needed help from the 111 doctors in order to ease his chest infection, we wish you well dear friend. My thanks go to Angela, Alan, Peter, Janet, Silvia, Molly and Eric who helped to make the September meeting a success, Angela we are still enjoying the refreshments you provide

Last but not least I would like to thank all those members who attended our September meeting and also made it a success.

As usual I wish you all well and I look forward seeing you all at our October 11th meeting.

Best wishes and stay safe.

Henry Phillips Chairman

Wise Counsel.

The late barrister Patrick Pakenham became something of a legal legend. As a defence counsel in a complicated fraud case, he was due to address the court during the afternoon session, and had partaken of a practically well-oiled lunch. Members of the jury it is my duty to explain the facts in this case on my clients behalf the judge will guide you and advise you on the correct interpretation of the law and you then consider your verdict. Unfortunately Pakenham went on, for reasons I won't go into now, my grasp of the facts is not as it might be. The judge is nearing senility, his knowledge of the law is pathetically out of date , and will be of no use in assisting you to reach a verdict. While, by the look of you the possibility of your reaching a coherent verdict can be excluded He was led rom the court.

The Daily Telegraph

What The Doctor Ordered?

A seventy-five-year-old man goes to the doctor to get a physical and a few days later the doctor sees him walking down the street with a stunning young lady on his arm and a huge smile on his face.

A couple more days pass and the old man returns to the doctor's surgery. After he has again examined the elderly man, the doctor writes him out a prescription and says, You're really doing great aren't you? The patient replies, just doing what you said Doctor. "Get a hot mamma and be cheerful "That's what you told me and that's what I've done.

Actually I said, "You've got a heart murmur and be careful" Now, while tour here, why don't we check your hearing?

Taken from the Book of Senior Moments.