KING OF HEARTS

Newsletter

May 2024 Cardiac Support Group

The Committee

Dr. Andrew Deaner President
Founder Members
George & Trish Scott
Karen Hughes

Committee

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Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month at 2pm.

COMING SOON
May 8th Seated Excise Class
June 12th TBA
July 10th London Air Ambulance

Dear Members and Friends May 2024

Welcome to my May newsletter and as usual I hope my letter finds you all well and hopefully the expected warm weather will help to brighten up our daily routines.
I am pleased to say that at the April meeting the AGM was carried out in a positive manner and the committee was re-elected on- bloc with the addition of Ann Towers one of our new members thank you Ann and welcome.
Under any other business the chairman asked the members present if they would help the committee to advertise the King of Hearts, the members volunteered to assist the committee, where and when possible for which the they were thanked by the chairman.
I have asked Durham to inform the group about our future events for which I hope will assist the members to attend the forthcoming monthly meetings.
Our good friend Eric informed the group that it is the intention of British Telecom in near the future
too adopt a new system called Voice over the Internet which might cause problems for those of us who are not technical savvy so Eric is attempting to arrange a BT advisor to attend one of our meetings thank you Eric.
Our secretary Durham was not able to attend our April meeting due to caring for his dear wife but he informs me on his behalf that if any member has any topics of interest for the group he will be pleased to put them in our monthly newsletter.
I would like thank Angela, Alan, Janet, Peter, Silvia, Ann, Molly, and Eric for their continued support during the April meeting. I am sorry to report that since our last meeting Peter Knight meet with a fall which has put him out of action for the time being, so Peter get well soon.
I look forward seeing you all at our May 8th meeting, best wishes and stay safe.
Henry Phillips Chairman

An Autobiography

Just a line to say I'm living
That I'm not among the dead
Although I'm getting more forgetful
And more mixed up in my head.
For sometimes I can't remember
For when I stand at the foot of the stairs
If I must go for something?
Or if I've just come down from there.
I stand before the fridge
My poor mind filled with doubt
Have I just put the food away?
Or have I come to take it out.
And there are times when it is dark
With my hairnet on my head
I don't know whether I'm retiring
Or just getting out of bed.
So if it is my time to write
There is no need in getting sore
I may think that I have written
And don't want to be a bore.
So remember, I do love you
And wish that I was near
But now it's nearly past time
So I must say good bye my dear.
And there I stood beside the post box
With my face so very red
Instead of posting you my letter
I've opened it instead.