KING OF HEARTS

Newsletter

August 2024 Cardiac Support Group

The Committee

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Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month at1.30pm.

COMING SOON
August 14th London Air Ambulance.

Dear Members and Friends August 2024

Welcome to my August newsletter and as usual I hope my letter finds you all well and hopefully the warm weather has allowed you to enjoy an annual holiday somewhere pleasurable.

I have been advised that the room we use in the Fullwell Cross library will be available for our August meeting so that we can once again enjoy our monthly gatherings.

As August is generally known as the silly month regards to important information and the fact that our July meeting was cancelled I am unable to report any group news but hopefully I shall be able to resume my usual letter writing. I would however like to dedicate a short poem which was written by a gentleman who my daughter Jane looks after as professional carer, this poem was dedicated to my daughter by Mr Michael Reed thanking her for the kind help and attention whilst caring for him, I will ask Durham to attach it to my newsletter.

As usual I would like to thank all those who helped our June meeting run smoothly, and I look forward seeing you all at our August 14th meeting, best wishes and stay safe.

Henry Phillips Chairman

YES Barkingside Library is now open again after the refurbishment and we look forward to our meeting again as usual on Wednesdays at 1.30pm.

Let me introduce you
To the incomparable Lady Jane
She will take good care of you
You'll never feel the same

It’s true she likes to waken you
Halfway through the night
But that is just her special way
To make your day alright

But let me now just warn you
Keep your armpits tight
When she approaches with that spray
It's 'Torturer's Delight'

To Jane
With my deepest gratitude for all your care
Michael Reed
Henry