KING OF HEARTS

Newsletter

September 2024 Cardiac Support Group

The Committee

Dr. Andrew Deaner President
Founder Members
George & Trish Scott
Karen Hughes

Committee

Henry Phillips Chairman
0208 500 7095
maureen_henry2003@yahoo.co.uk

Karen Hughes Assistant Secretary

Durham Holbourns Secretary
0208 554 6779
durhamholb18@hotmail.co.uk

Peter Knight/Henry Phillips Treasurer
0208 478 8464

Peter Knight Membership
peter.knightsite@hotmail.co.uk

Janet Knight
0208 478 8464

Sylvia Daly
0208 599 3188

Molly Ghosh
0208 597 2308

Eric Simmonds
0208 500 7724

Ann Towers
0208 5302901

Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month at1.30pm.

COMING SOON

Dear Members and Friends September 2024

Welcome to my September newsletter and as it is the start of autumn it is my usual wish that my letter finds you all well, and I for one hope that we may participate in an Indian summer during the month of September.

I am pleased to say that our first meeting since the library had its makeover was a great success, and the talk given by two lady volunteers from the London Air Ambulance Service was a great eye opener considering that this organisation is mainly run by a large army of volunteers, and in particularly the two dear ladies who explained their position within the London Air Ambulance Service both of which had three jobs within the organisation. On behalf of the group I offered them my thanks and invited them a return visit if and when possible well done ladies.

I would like to thank all those who helped our August meeting run smoothly, and I look forward seeing you all at our September 11th meeting, I certainly would be pleased to see our dear friend Durham at our next meeting, and I would also like to remind the group that our meetings start at 2pm, best wishes and stay safe.

Henry Phillips Chairman

Holding Back the Years.

A lady goes into a cosmetics shop to buy a new anti-ageing face cream which, according to the advert, is guaranteed to make the years drop off. Following the instructions carefully, she rigorously applies just the right amount twice a day, and waits expectantly for the results.

After a few weeks, she decides that it's time to see if her husband has noticed any difference. One evening before bed she plucks up the courage to ask him.

Darling, tell me the truth, what age do you say I am? Looking her up and down, her husband replies, Well, Susan, judging from your skin twenty, your hair, eighteen, and your figure, twenty-five. Oh you flatterer! She gushes, before kissing him.

Hey wait a minute, he interrupts, I haven't added them up yet.

Taken from a book of Senior Moments.

Joke

A woman rushes into a hardware store and says "Can I have a mouse trap, please and will you be quick, I've got a bus to catch!"

"Sorry ma`am said the store assistant, "but we don't sell them that big!"

If any Member has anything interesting. I.e. stories or jokes or anything of interest would you please send them to me.

Many Thanks

++++++++++++++++++