# KING OF HEARTS

## Newsletter

October 2024 Cardiac Support Group

The Committee

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**Committee**

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Meetings are held at
**Fullwell Cross Library**
On the second Wednesday
In every month at1.30pm.

COMING SOON
October 9th Cardiac Rehab Team from Queens & KGH..
November 13th Asha arrhythmia Nurse.

Dear Members and Friends October 2024

Welcome to my October newsletter and as it is my usual wish that this my October letter finds you all well, and long may the sunny days plus a little drizzle remain for a few weeks more.

I would like to thank our dear friend Karen Hughes for explaining to the group the need for the use of dedicated medication and for those assembled this talk by Karen was very useful for all of us who depend on heart medication.

You may have seen on the television 1/10/24 that the second helicopter spoken of by the dear London Ambulance ladies at the August meeting has finally been put into service as was signed off by Prince William, long may it provide many years' service for all who require immediate medical attention, I forgot to mention our own David Beckham also in attendance with the Prince

I am not sure who we might have as our speaker at the October meeting but I am sure Karen has arranged for a social or medical person to give us there time and expertise.

I would like to thank all those who helped at our September meeting run smoothly especially our technician Alan tea provider Angela and I look forward seeing you all at our October 9th meeting, I certainly would be pleased to see our dear friend Durham at our next meeting, and I would also like to remind the group that our meetings start at 2pm, best wishes and stay safe.

Henry Phillips Chairman

## Wise Counsel.

The late barrister Patrick Pakenham became something of a legal legend. As a defence counsel in a complicated fraud case, he was due to address the court during the afternoon session, and had partaken of a practically well-oiled lunch. Members of the jury it is my duty to explain the facts in this case on my clients behalf the judge will guide you and advise you on the correct interpretation of the law and you then consider your verdict. Unfortunately Pakenham went on, for reasons I won't go into now, my grasp of the facts is not as it might be. The judge is nearing senility, his knowledge of the law is pathetically out of date , and will be of no use in assisting you to reach a verdict. While, by the look of you the possibility of your reaching a coherent verdict can be excluded He was led rom the court.

*The Daily Telegraph*

## What The Doctor Ordered?

A seventy-five-year-old man goes to the doctor to get a physical and a few days later the doctor sees him walking down the street with a stunning young lady on his arm and a huge smile on his face.

A couple more days pass and the old man returns to the doctor's surgery. After he has again examined the elderly man, the doctor writes him out a prescription and says, You're really doing great aren't you? The patient replies, just doing what you said Doctor. "Get a hot mamma and be cheerful "That's what you told me and that's what I've done.

Actually I said, "You've got a heart murmur and be careful" Now, while tour here, why don't we check your hearing?

*Taken from the Book of Senior Moments*.