KING OF HEARTS

Newsletter

November 2024 Cardiac Support Group

The Committee

Dr. Andrew Deaner President
Honorary Members
Trish & George Scott

Karen Hughes

Henry Phillips Chairman
0208 500 7095
maureen_henry2003@yahoo.co.uk

Durham Holbourns Secretary
0208 554 6779
durhamholb18@hotmail.co.uk

Karen Hughes Assistant Secretary

Peter Knight/Henry Phillips Treasurer
0208 478 8464

Peter Knight Membership
peter.knightsite@hotmail.co.uk

Janet Knight
0208 478 8464

June Sheen
0208 595 6120

Sylvia Daly
0208 599 3188

Molly Ghosh
0208 597 2308

Eric Simmons
0208 500 7724

Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month
At 2 pm

COMING SOON
November 13th Asha Arrhythmia Nurse, From Queens & KGH
December 11th Christmas Party.

Dear Members and Friends November 2024

Welcome to my November newsletter and as it is my usual wish that this my November letter finds you all well, and I understand from a reliable source that we may be getting a mini heat wave before the end of October let's hope this info is correct.

I would like to thank our dear friend Peter Knight for preparing an excellent quiz and Karen Hughes for presenting it, Karen organised the group members into four per table which proved successful as an impute from each member was required in order to complete the answer paper, well done Peter and Karen.

I would like to thank Janet Knight who prepared and served those present with refreshments thank you Janet your help which was appreciated by all the members.

Our good friends Anglia and Alan Banner were not able to attend our October meeting due to Alan being unwell with his chronic chest infection, I have since been in touch with them both and Alan informed me that at the moment they are able take things as normal, we look forward seeing you both in November.

I would like to thank my good friend Eric who has taken on the role of looking after the raffle thank you Eric. Prior to opening the meeting Karen invited Eric to tell the group about several scams he had received from people who were employed by BT which as a long serving employee of BT caused him some concern, other members of the group also explained that they had received similar scams, thanks again Eric well done.

I look forward seeing you all at our November 13th meeting, I certainly would be pleased to see our dear friend Durham at our next meeting, I would also like to remind the group that our meetings start at 2pm, best wishes and stay safe.

Henry Phillips Chairman

As usual we will not be printing a Newsletter for December. But I wish you all a very Happy Christmas and a healthy New Year and to all our Jewish members we wish you a Happy Chanukah.
We hope to see you all in the New Year.

Life.

Man comes into this world without his consent, and leaves it against his will.
On earth he is misjudged and misunderstood;
In infancy he is an angel, in boyhood he is a devil, in manhood he is a fool.
If he has a wife and children, he is a champ;
If he is a bachelor, he is inhuman.
If he enters a public house, he is a drunkard;
If he stops out. He is a miser.
If he is a poor man, he has no brains;
If he is rich, he has had all the luck in the world,
If he has brains he is considered smart and dishonest.
If he goes to church, he is a hypocrite;
If he stays away, he is a sinful man.
If he gives to charity, it is for advertisement;
If he does not, he is stingy and mean.
When he comes into the world everybody wants to kiss him;
Before he goes out everybody wants to kick him.
If he dies young, there was a great future before him;
If he lives to a ripe old age, everybody hopes he has made his will.

Life is a Funny Proposition.

A Joke

Two elderly gentlemen are sitting and talking:
My wife and I went to a wonderful restaurant the other might.
Really? What was it called?
You know, I can't remember the name.Whats the name of the red flower that smells nice? A rose?
Rose – that's right.Hey Rose! What's the name of the restaurant we went to the other night?