KING OF HEARTS

Newsletter

May 2025 Cardiac Support Group

The Committee

Dr. Andrew Deaner President
Founder Members
George & Trish Scott
Karen Hughes

Committee

Henry Phillips Chairman
0208 500 7095
maureen_henry2003@yahoo.co.uk

Karen Hughes Assistant Secretary

Durham Holbourns Secretary
0208 554 6779

Peter Knight/Henry Phillips Treasurer
0208 478 8464

Peter Knight Membership
peter.knightsite@hotmail.co.uk

Janet Knight
0208 478 8464

Sylvia Daly
0208 599 3188

Molly Ghosh
0208 597 2308

Eric Simmonds
0208 500 7724

Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month at 2pm.

COMING SOON
May 14th Nigel Colman Mimi play on Winston Churchill
June 11th Patience Ankomah Nurse from Redbridge Diabetic Service

Dear Members and Friends May 2025

Welcome to my May newsletter and I hope that you are all well and enjoying the change in the weather.

I am pleased to say that at the April meeting the AGM went well and that the current committee members were re-elected, I am also pleased to inform the group that our new friend Beverley has volunteered to assist the committee in future events I would like to thank her for that kind gesture.

I understand that our quest that was to give the group a talk about the life of Winston Churchill will return at our May meeting and carry out this talk which he had to postpone due to an urgent medical appointment I look forward meeting Nigel.

At our April meeting our dear friend Karen was unable to be present this was due to a very important hospital heart appointment she has informed me that the procedure went well but she has had some after minor after affects which on your behalf I would like to wish her well.

I was pleased see our secretary Durham at the April meeting also Alan and Angela all of which with the assistance of the committee made the meeting a success.

At our April meeting apart from the AGM I asked the group if anyone had any suggestions regarding future events which Karen could arrange for the entertainment of our members so if anyone has any ideas perhaps they could let me have them.

I look forward seeing you all at our May 14th meeting, I would also like to remind the group that our meetings start at 2pm, best wishes and stay safe.

Henry Phillips Chairman.

Have a Lough

A man came into a bar on a nightly basis, ordering two glasses of Crown Royal.
When the bartender asked him why he never changed his order.
The man explained that he had a friend with whom he drank a nightly glass of Crown Royal for many years.
“My friend was drafted and died in Korea. “The man sighed, “And I decided to immortalize him by drinking two glasses of Crown Royal every night.
One glass I drink for him; the other for myself.”
One night, after thirty years, the man entered the bar and ordered a single glass of Crown Royal.
“What happened?” asked the bar tender.
“Oh,” the man responded, “I quit drinking!”

The computer swallowed Grandma.

The computer swallowed my Grandma. Yes, honestly it’s true!
She pressed the control and enters, and disappeared from view.
It devoured her completely, the thought just made me squirm.
She must have court a virus or eaten by a worm.
I’ve searched through my recycle bin and files of every kind.
I’ve even used the internet, but nothing did I find.
In desperation. I asked Google, my searches to refine.
The reply from him was negative, not a thing was found on line.
So, if inside your ‘in box` my Grandma you should see.
Please Copy, Scan and paste her. And send her back to me.