KING OF HEARTS

Newsletter

June 2025 Cardiac Support Group

The Committee

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Committee

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Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month at 2pm.

COMING SOON
June 11th Patience Ankomah Nurse from Redbridge Diabetic Services.

Dear Members and Friends June 2025

Welcome to my June newsletter and I hope that you are all well and enjoying the warm weather.

I am pleased to report that our May meeting went extremely well in the presence of Nigel our speaker who unveiled the life of Sir Winston Churchill from1938 through to 1948 and all good and bad things that went on during this period of Winston's life, well done Nigel on behalf of our group I would like to thank you for a very interesting talk.

I have been in touch with our dear friend Karen who underwent a heart ablation procedure several weeks ago, the procedure went well but has left her with a breathing problem which has prevented her from being with us during the past two meeting, Karen informs me that she will make every effort to attend the June meeting. Karen you have been sorely missed so please get well soon.

I would like to thank the committee and Angela who attended to the needs of the group at the May meeting so all being well I hope to see you all at our June 11th meeting, best wishes and stay well and safe.

Henry Phillips Chairman

I don’t know whether I’m retiring
Or just getting out of bed.
So if it is my time to write
There is no need in getting sore
I may think that I have written
And don’t want to be a bore.
So remember, I do love you
And wish that I was near
But now it’s nearly past time
So I must say good bye my dear.
And there I stood beside the post box
With my face so very red
Instead of posting you my letter
I’ve opened it instead.

Doctors Orders

A man in his late fifties went to the doctor for his annual physical.
He told the doctor. My memory is terrible these days.
I forget where I live, I forget where I’ve parked my car, and I go into stores
And I can’t remember what I want. And when I finally reach the checkout,
I realize I’ve forgotten my wallet.
Its driving me crazy, doc.What can I do?
The doctor thought for a moment and said, pay me in advance.