KING OF HEARTS

Newsletter

August 2025 Cardiac Support Group

The Committee

Dr. Andrew Deaner President
Founder Members
George & Trish Scott
Karen Hughes

Committee

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Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month at 2pm.

COMING SOON

Dear Members and Friends August 2025

Welcome to my August newsletter and I hope that you are all well and still enjoying the warm weather.

At our July meeting I was pleased that our dear friend Karen was well enough to be with us and join in the seated exercise under the instruction of Angela the keep fit instructor who has become a friend of the group welcome dear lady.

On behalf of Eric and myself both of us were conscripted into the peacetime army and were posted in Germany in order to see that those who had started WW2 were unable to repeat their previous attempt to conquer Europe, if any group members had relatives in the same as situation as Eric and myself please thank them in this the 80th year (1945 – 2025) since the war ended.

I would like to inform the group that I shall be celebrating my 65th wedding anniversary on the first Wednesday in August and I would like to say it has been a period of happiness.

I was pleased to see our good friends Angela and Alan Banner at our July meeting, and thank the committee members and Angela for providing our refreshments and Eric for attending to the raffle. I would also like to thank group members who were able to attend the July meeting which proved a success thanks to Angela.

I hope that you all enjoyed seeing the Lioness football team win the European cup, also I hope that for all their effort the government will reward them with suitable honours.

I look seeing you all at our August 13th meeting, best wishes and stay well and safe.

Henry Phillips Chairman

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If you think you are beaten, you are,
If you think that you dare not, you don't,
If you'd like to win, but you think you can't,
It's almost certain you won't.

If you think you'll lose, you've lost,
For out in the world you'll find,
Success begins with a fellows will,
It's all in the state of mind.

If you think you are outclassed, you are,
You've got to think high to rise,
You've got to be sure of yourself before,
You can ever win a prize.

Life's battles don't always go
To the stronger or faster man,
But soon or late the man who wins,
Is a man who thinks he can?

If any members in our King of Hearts has any interesting stories or jokes I s will be pleased to hear from you to include on our website.
Thank You.