KING OF HEARTS

Newsletter

March 2026 Cardiac Support Group

The Committee

Dr. Andrew Deaner President
Founder Members
George & Trish Scott
Karen Hughes

Committee

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Meetings are held at
Fullwell Cross Library
On the second Wednesday
In every month at 2pm.

COMING SOON
March 11th CPR Training
April 8th A G M

Dear Members and Friends March 2026

Welcome to my March newsletter which I hope finds you all well, and I am pleased to say that we are almost at the beginning of spring time.
I would like to thank our dear friend Karen who produced her usual good talk relating to all topics of cardiac problems after which she found time to chat to the two new members about their personnel problems well down Karen.
Our two new members Mr William Tang and Mr John Wojcik were introduced to the group members by Karen and both men were received into the group in the usual manner by which we greet all new members.
I still need to report that our good friend Angela Banner is still undergoing treatment after her fall several weeks ago, please get well soon Angela as you and Alan are sorely missed at our monthly meetings.
I am pleased to inform the group that at the March meeting our good friend Mag the re-sus nurse is attending our meeting as she has done for many years, so if you would like to find out how you may be able to help someone who is having a cardiac problem please come to the March meeting and participate in this welcome lecture.
I was pleased to see Peter Knight at the February meeting well done Peter. I would also like to inform you that we must have the AGM according to our constitution at the April 8th meeting.
I would like to thank the committee members who were able to be present at the February meeting who helped to make the meeting very enjoyable.
I am looking forward seeing you all at our March 11th 2026 meeting, best wishes and stay well and safe.
Henry Phillips Chairman

A middle aged man bought a new Mercedes car. He took off down the road and pushed it to 90 "This is great he thought and accelerated to even a higher speed, but when he looked in his rear view mirror there was a police car behind him with blue flashing lights. He accelerated to 130 mph to try to escape being stopped.

He then thought to himself "what am I doing I am too old for this kind of thing" He pulled over to the side of the road for the police to catch up with him.

He police man pulled in behind the car and said "Sir"he said looking at his watch.
My shift ends in a few minutes and today is Friday the 13th. If you can give me a good reason why you were speeding, one that I have not heard before. I'll let you go.
"Last week my wife ran off with a policeman and I thought you were bringing her back"